

Why have a meeting involving a psychologist?

This meeting is an opportunity to share information and come up with a plan of action to address concerns.

The meeting is intended to be supportive, with everyone working together.

Everyone will listen to each other's views, consider what is currently working, how this is helpful and decide together how best to move forward.



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Psychological Service

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East Dunbartonshire Council

Psychological Service

**Meetings Involving
the Psychologist**

**Guidance for
Parents/Carers**



National Priorities
through
Applied Psychology

Who will be there?

The head teacher or head of nursery will invite the people most concerned about the child's situation to come to the meeting.

As your child's views are important, staff in school will discuss with you how your child's views can be included in the discussion and whether it is appropriate for your child to attend all or part of the meeting.

The meeting will include you, your child (if this is agreed), a relevant teacher or key worker and any other relevant professionals. Everyone who is there has a responsibility to think of ways forward.



Where will it be?

The meeting will usually be held at school or nursery during the school day in a room set aside for the meeting.



What will happen?

At the start of the meeting we will all try to be clear about what we hope to achieve. The meeting will usually take up an hour.

We will explore your child's strengths alongside any concerns. By re-thinking the situation together and identifying what might work well for your child, we will plan to move things forward.

At the end of the meeting, we will agree outcomes, next steps and who will be responsible for these. These may include:

1. How the school will keep an eye on progress
2. How you will be kept informed
3. Whether or not the psychological service / other professionals will have an ongoing role
4. Timescale for any further meetings that are required