

# Nursery Menu - Week 1

£2.43 - Starter, main choice or light option accompanied with carbohydrate and vegetables, water, milk or flavoured milk and dessert - pupils can have as much salad, bread and water as they want.

	Meat Free Monday	Slow Cook Tuesday	Home Grown Wednesday	Around the World Thursday	Fishing Friday
Starters	Lentil soup or yoghurt	Chicken noodle soup or yoghurt	Lentil soup or yoghurt	Tomato soup or yoghurt	Lentil soup or yoghurt
Main	Shepherd-less pie (quorn mince)	Chicken meatballs in a tomato sauce	Scottish steak pie	Chicken breast in Spanish tomato sauce	Breaded haddock fillet
Main Option Vegetarian	Cheese pizza	Quorn fillet in a creamy mushroom sauce	Seasonal vegetable pie in a white sauce	Meat free meatballs in a tomato sauce	Veggie nuggets
Main Option Gluten Free	Shepherd-less pie (quorn mince)	Chicken meatballs in tomato sauce with gluten free pasta	Scottish steak pie (no Pastry lid)	Chicken breast in Spanish tomato sauce	Bubble fish fillet
Lighter Option	Sandwich of choice	Sandwich of choice	Sandwich of choice	Sandwich of choice or baked potato with choice of topping	Sandwich of choice or vegan sausage roll
Carbohydrate/ Vegetable	Potato cubes	Pasta	Roast potatoes	Pasta	Chips
	Roasted green beans and carrots	Italian roasted vegetables	Swede and broccoli	Steamed cabbage and peas	Carrot and cucumber sticks
Salad	Green garden salad	Green garden salad	Green garden salad	Green garden salad	Green garden salad
Breads	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread
Desserts	Fruit and pop oats	Fruit and raisins	Fruit and pop oats	Fruit and raisins	Fruit and jelly

# Nursery Menu - Week 2

£2.43 - Starter, main choice or light option accompanied with carbohydrate and vegetables, water, milk or flavoured milk and dessert - pupils can have as much salad, bread and water as they want.

	Meat Free Monday	Slow Cook Tuesday	Home Grown Wednesday	Around the World Thursday	Fishing Friday
Starters	Lentil soup or yoghurt	Butternut soup or yoghurt	Chicken noodle soup or yoghurt	Minestrone soup or yoghurt	Lentil soup or yoghurt
Main	Pasta Neapolitan	Chicken and vegetable casserole	Minced beef in gravy	Chicken curry	Fish finger wrap
Main Option Vegetarian	Pasta Neapolitan	Cheese pizza	Quorn fillet with sage and onion stuffing	Chickpea curry	Vegetable finger wrap
Main Option Gluten Free	Pasta Neapolitan (gluten free pasta)	Chicken and vegetable casserole	Minced beef in gravy	Chicken curry	Fish finger wrap
Lighter Option	Sandwich of choice or baked potato with choice of topping	Sandwich of choice	Sandwich of choice	Sandwich of choice or baked potato with choice of topping	Sandwich of choice or omelette tray bake
Carbohydrate/ Vegetable	Pasta	Savoury rice	Roast potatoes	Rice	Fries
	Broccoli florets	Sweetcorn and swede	Carrots and peas	Green beans	Peas and beans
Salad	Green garden salad	Green garden salad	Green garden salad	Green garden salad	Green garden salad
Breads	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread
Desserts	Fruit and pop oats	Fruit and raisins	Fruit and pop oats	Fruit and raisins	Fruit and jelly

# Nursery Menu - Week 3

£2.43 - Starter, main choice or light option accompanied with carbohydrate and vegetables, water, milk or flavoured milk and dessert - pupils can have as much salad, bread and water as they want.

	Meat Free Monday	Slow Cook Tuesday	Home Grown Wednesday	Around the World Thursday	Fishing Friday
Starters	Potato and leek soup or yoghurt	Lentil soup or yoghurt	Chicken and rice,soup or yoghurt	Tomato soup or yoghurt	Lentil soup or yoghurt
Main	Macaroni cheese	Beef bolognese	Chicken and leek pie	Cheeseburger	Breaded haddock fillet
Main Option Vegetarian	Vegetarian Macaroni cheese	Plant based bolognese	Cheese pizza	Meat free cheeseburger	Veggie nuggets
Main Option Gluten Free	Macaroni cheese with gluten free pasta	Beef bolognese with gluten free pasta	Chicken and leek pie (no pastry lid)	Cheeseburger in gluten free roll	Bubble fish fillet
Lighter Option	Sandwich of choice or baked potato with choice of topping	Sandwich of choice	Sandwich of choice	Sandwich of choice	Sandwich of choice or vegan sausage roll
Carbohydrate/ Vegetable	Garlic bread	Pasta, garlic bread	Cubed potatoes	Vegetable sticks -carrot/pepper/ cucumber	Chips
	Pepper and cucumber sticks	Broccoli and peppers	Steamed carrot and peas	Corn on the cob and sliced peppers	Reduced salt and sugar beans or peas
Salad	Green garden salad	Green garden salad	Green garden salad	Green garden salad	Green garden salad
Breads	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread	Baked rolls and bread
Desserts	Fruit and pop oats	Fruit and raisins	Fruit and pop oats	Fruit and raisins	Fruit and jelly