|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  DISHES Soups |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Lentil Soup  | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato and Leek Soup | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Noodle Soup | May Contain | Spaghetti and noodles contain wheat.Can use **GF** |  | If using Noodles |  | If using **GF** pasta |  |  |  |  |  |  | If using **GF** pasta |  |
| Tomato Soup | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Minestrone Soup | In soup |  |  |  |  | If using G/F pasta  |  |  |  |  |  |  | If using G/F pasta |  |
| Cauliflower Cheese Soup | May Contain |  |  |  |  |  | In Cheese  |  |  |  |  |  |  |  |
| Butternut and Tomato | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHESMain Courses |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| AllergensFish Dishes  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Breaded Fish and Chips  |  | In breadcrums  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salmon Fish Finger wrap with chips  |  | In Wrap |  |  |  |  |  |  |  |  |  |  |  |  |
| Cod Dog  |  | In Bun  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bubble Fish Fillet  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | DISHESMain Meals  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Allergens  | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
|  | Beef Bolognaise  | May Contain | In pasta  |  |  |  | If using G/F pasta  |  |  |  |  |  |  | If using G/F pasta |  |
|  | Chicken Meatballs with spaghetti in tomato and herb sauce  | In meatballs  | In pasta  |  |  |  | If using G/F pasta |  |  |  |  |  |  | If using G/F pasta |  |
|  | Spanish Chicken  | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Chinese Chicken Curry | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Chicken and Leek Pie  | May Contain | In Sauce  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Scottish Steak Pie | May Contain | In pastry  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Chicken Casserole  | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Mince and gravy | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cheeseburger  |  | In bun and burger  |  |  |  |  |  |  |  |  |  |  |  | in primary school |
|  | Omelette tray bake  |  |  |  | In omelette  |  | In cheese  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHESVegetarian and Vegan |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Vegan sausage roll with chips and peas |  | In sausage roll |  | If brushing with egg |  |  | If brushing with milk |  |  |  |  |  |  |  |
| Vegan Quorn Burger  |  | In vegan fillet Barley and Wheat |  |  |  |  |  |  | In Burger  |  |  |  |  |  |
| Macaroni Cheese  |  | Wheat in. Can provide GF pasta/contained  |  |  |  | Contains if using GF Pasta | In Cheese  |  |  |  |  |  | Is using G/F Past |  |
| Pizza  |  |  |  |  |  |  | In Cheese  |  |  |  |  |  |  |  |
| Tomato and Cheese Penne  | May Contain | In Pasta |  |  |  | Contains if using GF Pasta | In cheese |  |  |  |  |  | If using Gf Pasta & Garlic bread |  |
| Baked Potato  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |
| Neapolitan Sauce with Pasta  | May Contain | Can provide GF pastaIn garlic bread |  |  |  | Contains if using GF Pasta | If serving with cheese or garlic bread |  |  |  |  |  | If using Gf Pasta & Garlic bread |  |
| Vegetable Goujons  | Ingoujon and if using dip | Wheat in Veg Goujons |  |  |  |  | If using dip |  |  |  |  |  |  |  |
| Quorn Mince Spaghetti Bolognese | May Contain | Barley and Wheat |  | In Quorn Mince |  | If using G/F Pasta |  |  |  |  |  |  | If Using GF spaghetti  |  |
| Gluten Free Pizza |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Meatball with spaghetti and tomato sauce salad  | May Contain | Barley Wheat In Meatballs wheat in pasta  |  |  |  | If Using GF spaghetti |  |  |  |  |  |  | If Using GF spaghetti |  |
| Seasonal Vegetable Pie in a white sauce  | May Contain | In sauce  |  |  |  |  | In sauce and if brushing  |  |  |  |  |  |  |  |
| Quorn Sheperdless Pie | May Contain |  |  |  |  |  | In mash |  |  |  |  |  | In Quorn |  |
| Mediterranean Vegetable Bake  | Mau Contain | In pasta  |  |  |  | If Using GF spaghetti | If using cheese/quark  |  |  |  |  |  | If Using GF spaghetti |  |
| Chinese Chickpea Curry | May contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Quorn Fillet in a Mushroom Sauce  | May Contain | In fillet and sauce  |  |  |  |  | In sauce  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHESAccomplishments and Vegetables  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Garlic Bread  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice/Savoury rice  | May contain in savoury rice |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten Free Pasta  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast potatoes  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cubed Potatoes  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chips  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steamed Cabbage  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Swede |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Italian Roasted |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breaded rolls |  | Wheat in roll |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrot & Cucumber  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beans  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna  |  |  |  | In mayo |  |  |  |  | In mayo |  |  |  |  |  |
| Cheese  |  |  |  |  |  |  | In Cheese  |  |  |  |  |  |  |  |
| Coleslaw  |  |  |  | In Mayo |  |  |  |  | In Mayo |  |  |  |  |  |
| Green Salad  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Sandwiches  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| 50/50 Kingsmill |  |  |  |  |  |  |  |  |  |  |  |  | In bread  |  |
| Tuna  |  |  |  | In mayo |  |  |  |  | In mayo |  |  |  |  |  |
| Cheese  |  |  |  |  |  |  | In cheese  |  |  |  |  |  |  |  |
| Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Sweets And Snacks  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Raisin  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pop Oats  |  |  |  |  |  |  | In sour cream |  |  |  |  |  |  |  |
| Yogurt |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Viva flavoured Milk |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |