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| DISHES  Soups |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Lentil Soup | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato and Leek Soup | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Noodle Soup | May Contain | Spaghetti and noodles contain wheat.  Can use **GF** |  | If using Noodles |  | If using **GF** pasta |  |  |  |  |  |  | If using **GF** pasta |  |
| Tomato Soup | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Minestrone Soup | In soup |  |  |  |  | If using G/F pasta |  |  |  |  |  |  | If using G/F pasta |  |
| Cauliflower Cheese Soup | May Contain |  |  |  |  |  | In Cheese |  |  |  |  |  |  |  |
| Butternut and Tomato | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| DISHES  Main Courses |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens  Fish Dishes | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Breaded Fish and Chips |  | In breadcrums |  |  |  |  |  |  |  |  |  |  |  |  |
| Salmon Fish Finger wrap with chips |  | In Wrap |  |  |  |  |  |  |  |  |  |  |  |  |
| Cod Dog |  | In Bun |  |  |  |  |  |  |  |  |  |  |  |  |
| Bubble Fish Fillet |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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|  | DISHES  Main Meals |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
|  | Beef Bolognaise | May Contain | In pasta |  |  |  | If using G/F pasta |  |  |  |  |  |  | If using G/F pasta |  |
|  | Chicken Meatballs with spaghetti in tomato and herb sauce | In meatballs | In pasta |  |  |  | If using G/F pasta |  |  |  |  |  |  | If using G/F pasta |  |
|  | Spanish Chicken | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Chinese Chicken Curry | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Chicken and Leek Pie | May Contain | In Sauce |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Scottish Steak Pie | May Contain | In pastry |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Chicken Casserole | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Mince and gravy | May Contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Cheeseburger |  | In bun and burger |  |  |  |  |  |  |  |  |  |  |  | in primary school |
|  | Omelette tray bake |  |  |  | In omelette |  | In cheese |  |  |  |  |  |  |  |  |

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| DISHES  Vegetarian and Vegan |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Vegan sausage roll with chips and peas |  | In sausage roll |  | If brushing with egg |  |  | If brushing with milk |  |  |  |  |  |  |  |
| Vegan Quorn Burger |  | In vegan fillet  Barley and Wheat |  |  |  |  |  |  | In Burger |  |  |  |  |  |
| Macaroni Cheese |  | Wheat in. Can provide GF pasta/contained |  |  |  | Contains if using GF Pasta | In Cheese |  |  |  |  |  | Is using G/F Past |  |
| Pizza |  |  |  |  |  |  | In Cheese |  |  |  |  |  |  |  |
| Tomato and Cheese Penne | May Contain | In Pasta |  |  |  | Contains if using GF Pasta | In cheese |  |  |  |  |  | If using Gf Pasta & Garlic bread |  |
| Baked Potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Neapolitan Sauce with Pasta | May Contain | Can provide GF pasta  In garlic bread |  |  |  | Contains if using GF Pasta | If serving with cheese or garlic bread |  |  |  |  |  | If using Gf Pasta & Garlic bread |  |
| Vegetable Goujons | Ingoujon and if using dip | Wheat in Veg Goujons |  |  |  |  | If using dip |  |  |  |  |  |  |  |
| Quorn Mince Spaghetti Bolognese | May Contain | Barley and Wheat |  | In Quorn Mince |  | If using G/F Pasta |  |  |  |  |  |  | If Using GF spaghetti |  |
| Gluten Free Pizza |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Meatball with spaghetti and tomato sauce salad | May Contain | Barley Wheat In Meatballs wheat in pasta |  |  |  | If Using GF spaghetti |  |  |  |  |  |  | If Using GF spaghetti |  |
| Seasonal Vegetable Pie in a white sauce | May Contain | In sauce |  |  |  |  | In sauce and if brushing |  |  |  |  |  |  |  |
| Quorn Sheperdless Pie | May Contain |  |  |  |  |  | In mash |  |  |  |  |  | In Quorn |  |
| Mediterranean Vegetable Bake | Mau Contain | In pasta |  |  |  | If Using GF spaghetti | If using cheese/quark |  |  |  |  |  | If Using GF spaghetti |  |
| Chinese Chickpea Curry | May contain |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Quorn Fillet in a Mushroom Sauce | May Contain | In fillet and sauce |  |  |  |  | In sauce |  |  |  |  |  |  |  |

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| DISHES  Accomplishments and Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Garlic Bread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice/Savoury rice | May contain in savoury rice |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gluten Free Pasta |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cubed Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steamed Cabbage |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Swede |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Italian Roasted |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breaded rolls |  | Wheat in roll |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrot & Cucumber |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna |  |  |  | In mayo |  |  |  |  | In mayo |  |  |  |  |  |
| Cheese |  |  |  |  |  |  | In Cheese |  |  |  |  |  |  |  |
| Coleslaw |  |  |  | In Mayo |  |  |  |  | In Mayo |  |  |  |  |  |
| Green Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Sandwiches |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| 50/50 Kingsmill |  |  |  |  |  |  |  |  |  |  |  |  | In bread |  |
| Tuna |  |  |  | In mayo |  |  |  |  | In mayo |  |  |  |  |  |
| Cheese |  |  |  |  |  |  | In cheese |  |  |  |  |  |  |  |
| Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Sweets And Snacks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Allergens | Celery | Cereals containing gluten\*\* | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts\* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Raisin |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pop Oats |  |  |  |  |  |  | In sour cream |  |  |  |  |  |  |  |
| Yogurt |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Viva flavoured Milk |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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