

## Snack Menu - Week 1



Monday		Tuesday		Wednesday		Thursday		Friday	
Am	Pm	Am	Pm	Am	Pm	Am	Pm	Am	Pm
Plain Cracker , Banana & Carrot Batons	Houmous,	Wheat Biscuit, Tangerine & Grapes	Oatcake & Vitalite, Tomato & apples	50/50 Toast & Vitalite. Pineapple & Apple	Plain Yoghurt, and blueberries/ strawberries	Breadsticks, cream cheese, cucumber and Apple	Malted Wheat cereal, 0range & Banana	•	Rice cake, apple and melon



## Snack Menu - Week 2



Monday		Tuesday		Wednesday		Thursday		Friday	
Am	Pm	Am	Pm	Am	Pm	Am	Pm	Am	Pm

50/50 Bread	Breadstick,	Plain Yoghurt,	Bagels &	Malted Wheat	Plain Cracker	Rice cake,	Pitta Strips,	Oatcake &	Wheat
and vitalite,	garlic dip.	and	creamed	cereal, 0range	Banana &	apples and	Tzatziki Melon	Vitalite,	Biscuit,
cucumber and	Pineapple &	strawberries	cheese,	& Banana	Peppers	Grapes	& Cucumber	Banana &	Tangerine &
pears	Peppers		Tomato &					Blueberries	Raspberries
			Water Melon						



## Snack Menu - Week 3



Monday		Tues	sday	Wedn	esday	Thurs	sday	Frie	day
Am	Pm	Am	Pm	Am	Pm	Am	Pm	Am	Pm
Malted Wheat	Oatcake &	Pitta Strips,	50/50 Bread	Rice cake,	Wheat	Plain Yoghurt,	50/50 Toast	Breadsticks,	Bagels &
cereal, 0range	Vitalite,	Houmus,	and vitalite,	apples and	Biscuit,	Strawberries	and Banana	cream	Vitalite,
& Banana	Banana &	Tangerines &	cucumber and	Grapes	Tangerine &	and		cheese,	tangerine and
	<b>Blueberries</b>	Cucumber	pears		Raspberries	blueberries		cucumber	Watermelon
								and Apple	



## Snack Menu - Week 4



Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

Am	Pm	Am	Pm	Am	Pm	Am	Pm	Am	Pm
Plain Yoghurt, Strawberries and blueberries	cream		Malted Wheat cereal, 0range & Banana	Pitta Strips, Tzatziki, Melon & Cucumber	Wheat Biscuit, Tangerine & Raspberries	Bagels & creamed cheese, Tomato & Water Melon	Plain Cracker , Banana & Carrot Batons	50/50 Toast and Banana	Oatcake & Vitalite, Banana & Blueberries